BackBeat FIT 300 Series

User Guide
## Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inline controls overview</td>
<td>3</td>
</tr>
<tr>
<td>Be safe</td>
<td>3</td>
</tr>
<tr>
<td>Pair</td>
<td>4</td>
</tr>
<tr>
<td>Get paired</td>
<td>4</td>
</tr>
<tr>
<td>Pair mode</td>
<td>4</td>
</tr>
<tr>
<td>Basics</td>
<td>5</td>
</tr>
<tr>
<td>Power on or off</td>
<td>5</td>
</tr>
<tr>
<td>Answer or end a call</td>
<td>6</td>
</tr>
<tr>
<td>Adjust the volume</td>
<td>6</td>
</tr>
<tr>
<td>Music and more</td>
<td>7</td>
</tr>
<tr>
<td>Reconnect</td>
<td>10</td>
</tr>
<tr>
<td>Mute the headset</td>
<td>10</td>
</tr>
<tr>
<td>Redial</td>
<td>10</td>
</tr>
<tr>
<td>Charge and fit</td>
<td>11</td>
</tr>
<tr>
<td>Charge</td>
<td>11</td>
</tr>
<tr>
<td>Get the best sound</td>
<td>11</td>
</tr>
<tr>
<td>Wear the headset</td>
<td>12</td>
</tr>
<tr>
<td>Headset Features</td>
<td>13</td>
</tr>
<tr>
<td>Quick charge</td>
<td>13</td>
</tr>
<tr>
<td>Pair multiple devices</td>
<td>13</td>
</tr>
<tr>
<td>Use two devices</td>
<td>13</td>
</tr>
<tr>
<td>Voice control</td>
<td>14</td>
</tr>
<tr>
<td>Voice prompts</td>
<td>14</td>
</tr>
<tr>
<td>DeepSleep Mode</td>
<td>15</td>
</tr>
<tr>
<td>Install the app</td>
<td>15</td>
</tr>
<tr>
<td>Support</td>
<td>16</td>
</tr>
</tbody>
</table>
Inline controls overview

Charge port

Headset indicator light (LED)

Center button: Play/pause music

Center button: Activate voice dialing, search and other smartphone controls

Center button: Answer/end/decline call

Center button: Redial

Center button: Power on/off

Center button: Status check; battery level and connection status

Volume up button: Skip to next track

Volume up button: Increase volume

Volume down button: Play previous track

Volume down button: Decrease volume

Volume up or Volume down button: Mute/unmute

Be safe

Please read the safety guide for important safety, charging, battery and regulatory information before using your new headset.
The first time you power on your headset, the pairing process begins.

1. Power on the headset by pressing the Center button until you hear "pairing" and the LED light flashes red and blue.

2. Activate Bluetooth® on your phone to search for new devices.
   - iPhone > Settings > Bluetooth > On
   - Android > Settings > Bluetooth > On > Scan

   NOTE *Menus may vary by device.*

3. Select "PLT BBFIT300 SERIES ."
   If necessary, enter four zeros (0000) for the passcode or accept the connection.

   Once successfully paired, you hear "pairing successful" and the indicator light stops flashing.

Pair mode

With the headset powered off, press and hold the Center button until you hear "pairing."

NOTE You can connect up to 2 devices to your headset.
Power on or off

Press the Center button for 2 seconds until you hear 'power on or 'power off'.'
Answer or end a call
Tap the Center button.

Adjust the volume
Tap the Volume up (+) or down (−) button.
Music and more

Listen to your music, podcasts, navigation and other streaming audio on your headset. 

**NOTE** Functionality varies by application.

**Play or pause audio**
Tap the Center button.

**Skip to next track**
Press the Volume up (+) button for more than 1 second.
Restart track
While audio is being paused, tap the center button, you hear the track restart.

Play previous track
Press the Volume down button until you hear the confirmation tone to restart the current track.
Press the button twice (each press until the confirmation tone sounds) to go to the previous track.

Access music and call controls
Access the inline control with your right hand or left hand-whichever feels most natural.
Reconnect
If your headset loses Bluetooth connection with your phone, it will automatically try to reconnect.
If your headset can't reconnect, tap any key once or manually connect through the phone's Bluetooth. If your headset remains out of range for more than 90 minutes, the DeepSleep mode will activate.

Mute the headset
During a conversation, press and hold the Volume up button or the Volume down button until you hear “mute on” or “mute off.” An alert repeats every 15 minutes when mute is on.

Redial
Double-tap the Center button to call the last number you dialed.
Charge and fit

**Charge**

The door covering the charging port is located on the left side of the inline controller. Open it with your fingernail. For best performance, fully charge your battery before use.

It takes up to 2 hours to fully charge the headphones from a completely drained battery state. While charging, the indicator light is red and turns off once charging is complete.

**Get the best sound**

For the best sound, a good seal with your ear canal is essential. Try on the three different sized eartips to find which one fits you best. You may end up with a different size eartip in each ear for the best fit. The right side eartip notch is larger than the left side eartip.

1. **Try it out**
   Put the earbuds in your ears and make sure the stabilizing loop is tucked securely in your ear for stability.

   The stabilizing loop should be comfortable once it is tucked securely in your ear.

   Listen to your favorite song while trying out each eartip and select the one that gives you the best fit and sound.

2. **Remove the eartip**
   To remove the eartip, pull straight out with some force.
3 Replace the eartip Push the eartip onto the earbud tip marked with the "L" or "R" with the notch on the rubber eartip lining up with the raised plastic notch in the earbud tip.

4 Clean the eartip When eartips get soiled, it is recommended that you wipe the eartip with an alcohol wipe or a cotton swab dipped in Isopropyl alcohol. The alcohol will kill bacteria that may cause an odor and wipe away any dirt and earwax.

5 When the cord becomes soiled, it is recommend that you use a damp soapy cloth to clean the cable as needed.

Wear the headset

1 Drape the headset cord behind your neck and attach the clothing clip to the back of your shirt to maximize fit and stability for headpnone.

2 Another option for improving fit and stability is to cinch the excess cord up into a loop with the clip instead of attaching it to your clothing.
Headset Features

Quick charge
Charge empty battery 15 minutes for up to a full hour of music listening.

Pair multiple devices
Your earbuds can pair and connect 2 devices. To enter pair mode after the first pairing process, start with the earbuds powered on and idle. Press and hold the Volume up and the Volume down buttons together until you hear 'pair mode' and the LED flashes red and blue.

Use two devices
It's easy to answer calls from two devices.
When on a call, you hear a ringtone notification of the incoming call from the second paired device.
To answer a second call from the other device, tap the Center button to end the current call and automatically answer the new call. If you choose to not answer the second call, it will go to voicemail.
**Voice control**

Siri, Google Now™, Cortana When not on a call, press and hold the Voice button for 2 seconds until you hear the tone. Wait for the phone prompt to activate voice dialing, search, and other smartphone voice controls.

**Voice prompts**

Your headset tells you about status changes. For example:

- "Power on"
- "Pairing successful"
- "Phone 1 connected"
- "No phone is connected"
- "Mute on"
DeepSleep Mode

If you leave your headphones powered on but out of range of your paired phone for 120 minutes, your headset conserves its battery power by entering into DeepSleep mode.

Once back in range with your phone, press the Center button button to exit DeepSleep mode.

Install the app

Get the most from your headset by installing our free mobile app, Plantronics Hub for iOS/Android. Explore all of your headset's features, view instructions, and contact Plantronics support easily from your smartphone.

plantronics.com/software
<table>
<thead>
<tr>
<th>Language</th>
<th>Country</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>EN</td>
<td></td>
<td>0800 410014</td>
</tr>
<tr>
<td>FI</td>
<td></td>
<td>0800 117095</td>
</tr>
<tr>
<td>NO</td>
<td></td>
<td>80011336</td>
</tr>
<tr>
<td>AR</td>
<td></td>
<td>+44 (0)1793 842443*</td>
</tr>
<tr>
<td>FR</td>
<td></td>
<td>0800 945770</td>
</tr>
<tr>
<td>PL</td>
<td></td>
<td>+44 (0)1793 842443*</td>
</tr>
<tr>
<td>CS</td>
<td></td>
<td>+44 (0)1793 842443*</td>
</tr>
<tr>
<td>GA</td>
<td></td>
<td>1800 551 896</td>
</tr>
<tr>
<td>PT</td>
<td></td>
<td>800 84 45 17</td>
</tr>
<tr>
<td>DA</td>
<td></td>
<td>80 88 46 10</td>
</tr>
<tr>
<td>HE</td>
<td></td>
<td>+44 (0)1793 842443*</td>
</tr>
<tr>
<td>RO</td>
<td></td>
<td>+44 (0)1793 842443*</td>
</tr>
<tr>
<td>DE</td>
<td>Deutschland</td>
<td>0800 9323 400</td>
</tr>
<tr>
<td></td>
<td>Österreich</td>
<td>0800 242 500</td>
</tr>
<tr>
<td></td>
<td>Schweiz</td>
<td>0800 932 340</td>
</tr>
<tr>
<td>HU</td>
<td></td>
<td>+44 (0)1793 842443*</td>
</tr>
<tr>
<td>RU</td>
<td></td>
<td>8-800-100-64-14</td>
</tr>
<tr>
<td>EL</td>
<td></td>
<td>+44 (0)1793 842443*</td>
</tr>
<tr>
<td>IT</td>
<td></td>
<td>800 950934</td>
</tr>
<tr>
<td>SV</td>
<td></td>
<td>0200 21 46 81</td>
</tr>
<tr>
<td>ES</td>
<td></td>
<td>900 803 666</td>
</tr>
<tr>
<td>NL</td>
<td></td>
<td>NL 0800 7526876</td>
</tr>
<tr>
<td></td>
<td>BE</td>
<td>0800 39202</td>
</tr>
<tr>
<td></td>
<td>LUX</td>
<td>800 24870</td>
</tr>
<tr>
<td>TR</td>
<td></td>
<td>+44 (0)1793 842443*</td>
</tr>
</tbody>
</table>

*Support in English

For warranty details, go to plantronics.com/warranty.