Patient-centered Care and Community Health

The more people know, the better they can feel

With collaborative video for healthcare, the community is connected for better health.

The implementation of collaborative video healthcare has the potential to be life-changing for nearly everyone involved. It enables communities to come together to help each other stay well and use the power of the community to support healthy life choices.

It’s now possible to connect community health centers, public health departments, educational organizations and community-based groups so that their members can be brought together over live video to discuss common medical challenges and successful lifestyle recommendations.

Prevention sessions can be broadcast to support programs such as smoking cessation or drug rehab, or programs targeting ways to help avoid unnecessary re-admissions.

Better teamwork leads to better care

The video collaboration technology of Polycom makes it much easier for disparate teams to meet and coordinate care. It ensures better handover when people are discharged from hospitals back to the community. This means better support can be given, which increases adherence to care plans, reduces re-admissions, improves the overall patient experience and lowers costs.

Key benefits of Polycom for patient-centered care

Fewer re-admissions, improved patient outcomes and reduced cost through:

- **Patient services**: better discharge planning and transition of care in local health centers
- **Home care**: improved transitions of care with fewer errors, better patient compliance
- **Patient education**: increased access to patient prevention and wellness programs

Examples

- Mental health clinicians can meet with their patients at their local health centers or participate in multisite support groups—saving travel time and cost.
- Diabetes education and management offered by community health centers over video can bring in experts or diabetic patients from other community health centers together to promote diabetes awareness and wellness.
- Ideal for nutritional education for patients, and information about childhood obesity and high-risk pregnancies.
- Promotes community wellness by providing live video educational sessions at the local community center on topics, such as high blood pressure, asthma, COPD, CHF, opioid addiction, diabetes and stroke recognition.

Saint Vincent Bariatric Program runs a highly successful bariatric wellness program, which is a public education campaign that focuses on the prevention and treatment of obesity. Up to 30 people at a time participate in virtual educational sessions at their local facilities.
## Polycom healthcare product showcase

<table>
<thead>
<tr>
<th>NEED</th>
<th>PRODUCT</th>
<th>BENEFIT</th>
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<tbody>
<tr>
<td>Best-in-class telemedicine experiences</td>
<td>Polycom® RealPresence® Group Series</td>
<td>Open standards-based video system that can integrate easily into your workflows and HIPPA-compliant, encrypted HD audio, video and content makes the doctor/patient experience feel like an in-person visit</td>
</tr>
<tr>
<td>A mobile solution for patient rooms</td>
<td>Polycom® RealPresence® Utility Cart 500</td>
<td>Application-driven cart with the power of Polycom RealPresence Group Series</td>
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<tr>
<td>Patients connecting from home for follow-up visits</td>
<td>Polycom® RealPresence® Web Suite</td>
<td>Users can connect from their personal devices to the hospital, RealPresence Web Suite also integrates with EPIC and other EHR systems</td>
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<tr>
<td>High quality and easy-to-use communication equipment for executives and staff</td>
<td>Polycom Trio™</td>
<td>Powerful phone and room-based system with quick adoption by users</td>
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<tr>
<td>Flexible solutions that work with my service provider such as Microsoft or Zoom</td>
<td>Multiple products</td>
<td>Products such as Polycom Trio have direct integration with Microsoft Teams, Skype for Business, Zoom and many other providers</td>
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### Customer focus

**Children’s Mercy**, Kansas City, Missouri, U.S.A.

Over 190 Polycom-assisted sessions per month for
- Child psychiatry
- Speech therapy
- General exams

**Featured products**
- Polycom RealPresence Group Series
- Polycom® RealPresence Centro™
- Polycom RealPresence Web Suite

**Benefits**
- Expanded specialist reach to rural pediatric patients
- Reduced travel time and costs for patients
- Anesthesiologist collaboration and training

“When we use Polycom, we remove the distance barrier, so I’m able to provide the same level of care to patients who live four hours away as those who live forty minutes away. And this technology allows me to be in more than one place at a time.”

— Dr. Shayla Sullivant, Child and Adolescent Psychiatrist, Children’s Mercy Hospitals and Clinics

### Learn more

For more information about the innovative healthcare solutions from Polycom, visit [www.polycom.com/healthcare](http://www.polycom.com/healthcare).